# GLOUCESTER HIGH 2024-2025 CLUBS

#### Friends of Rachel/Helping Hands- Ms. Kati Light

Ceramics Club – Mrs. Denise Bennett

knowledge of ceramics with others.

Friends of Rachel commit random acts of kindness and compassion. They Choose positive influences and eliminate prejudice. Activities include "Welcome Wagon", "Free Community Car Wash" and "Alex's Lemonade Stand", as well as a number of other activities that are planned. We have partnered with Cold Springs School after school program, students will help with snacks, homework, play games and puzzles.

# Leo Club & Interact Club-, Ms. Rachel Gorman & Mrs. Christy Enright

Students work with the Gloucester City Lion Club on various projects including Toys for Tots at Christmas, Lions Barbecue, and Fall Festival, Gloucester Clean-up Day, canned food collections and much more.

#### Photography Club – Mr. Raymond Emerle

Students will have the opportunity to work in the darkroom processing and printing photographs and computer access (Photoshop).

#### Pep Club/Homecoming – Ms. Virginia Brandt

This club provides an outlet for school spirit and pride. Promote leadership and group- unity. Students are involved in the fall, winter and spring pep rallies, and spirit week sessions, buses to select games and Blue and Gold Day.





Students gain a greater understanding of the integration of ceramics in the world, throughout history and in modern times. Students produce special ceramic works of art for contest and holidays. Students share their skills and









# Multicultural Cooking Club- Ms. Carly Doherty & Ms. Antonia Diamantis-

Students will learn about cuisine and etiquettes from other countries. Research recipes, collect ingredients, prep food.



#### Yoga Club- Ms. Kati Light

Students will learn various relaxation /breathing techniques for coping with stress. Gain strength and flexibility physically, mentally and spiritually. Students will also work towards building character and confidence, as well as a healthy body image.



# Art Club- Ms. Markakis

Students will be active throughout the year with various activities, making posters, crocheting scarves for the homeless along with independent studies. There will be a variety of field trips throughout.



#### Student Council-Keith Gorman & Rachel Gorman-

Student council is a group of student leaders who work with an adult advisor to collaborate with others to impact their school community, which impacts their city or town.



Fellowship of Christian Athletes- Ms. Rachel Gorman/Mr. Keith Gorman



# Gaming Club- Mr. Nick Orsino

Students will explore many facets of gaming entertainment.

#### Italian Heritage Club- Mrs. Joanne Citrone

The Italian Club at GHS has the main purpose of promoting Italian culture not only here at our school but in the community in general. This is accomplished through social, cultural and academic activities. The Italian Club celebrates the Italian culture in all aspects and we are a family!



#### Hiking Club- Mr. Matt Whitecar-

Students can come together and explore passions and curiosities about outdoor activities. The mission is to educate and provide outdoor opportunities for students in our community.



#### Anime Club- Mrs. Jenn Groatman-

Learning, watching and experiencing the culture of Anime.



#### Sports Psychology Club- Ms. Natalie Velez-

Sports psychology can improve performance by reducing anxiety, it works by improving focus or increasing mental toughness, can also help uncover issues that might be limiting the athlete's performance.



### **Environmental Club- Mrs. Michaelene Stiles-**

Environmental Club is a group of concerned students, teachers and volunteers that are committed to raising awareness about environmental issues and to reducing environmental impact as individuals, a school community, and as citizens of the world.



#### Nate's Story- Ms. Liz Bakey & Ms. Rhonda Bennett-

Aiming to break the stigma surrounding grief, trauma and mental health issues through support, guidance, education, and perseverance.



# PING PONG CLUB-DON URBANSKI

You can have fun learning how to play. You can play one-on-one, or you can play with two teams of two, which is known as doubles.



#### Unified Sports- Mrs. Jenn Groatman-

Dedicated to promoting social inclusion through shared sports training and competition experiences, Unified Sports joins people with and without physical and intellectual disabilities on the same team. It was inspired by a simple principle: training together and playing together is a quick path to friendship and understanding.

#### SAGE CLUB-Ms. Athena Markakis

SAGE is the Sexuality and Gender Equity Club. We will be focusing on building community in an environment that is accepting and supportive of all identities.

#### **Cooper Safety Ambassadors Club- Ms. Cassie Francis**



#### **VOLLEYBALL CLUB-Ms. Rhonda Bennett-**

If you like to have fun mixed with exercise, come out and join the Volleyball Club.